

# GETTING THE MOST OUT OF YOUR SUBSCRIPTION BEFORE & DURING YOUR TRAVELS



## With International SOS, you have access to our global network of 27 Assistance Centers.

This assistance subscription will provide expanded protection to deal with medical and security needs that might arise.

Our doctors, security experts and assistance coordinators are available 24/7 to provide advice in your local language, and to support you with general medical questions, security questions, or emergent concerns.

This service is included in your subscription.



## SUPPORT, PREPARE & PREVENT

Download the [International SOS Assistance App](#)



Turn ON your Location and Notification Settings

Use the International SOS Assistance App before and during your next trip for:

- ✓ Easy access to the local Assistance Centre, in an emergency and for everyday advice.
- ✓ Expert medical, security and travel assistance.
- ✓ Receive the latest information about their destination.
- ✓ [Click here](#) for a brief guide to the Assistance App

Ensure your notifications are turned on and your location settings are enabled.

Ensure your profile has your up-to-date contact details for International SOS to communicate effectively with you.

Enable Auto-Emergency Check In from within the App – more information can be found [here](#).

Connect to the International SOS Information Portal

Access detailed information on more than 200 countries and 300 cities:

- ✓ Evaluation and analysis of health, travel and security risks
- ✓ Daily updates on travel security, disruptive incidents and situational developments
- ✓ Travel guides and cultural tips
- ✓ Subscription to proactive email alerts

### Digital Learning Portfolio

- ✓ Access to a revolving repository of destination and risk-specific digital training tutorials.

### Pre Travel Briefings

As part of your subscription, International SOS will systematically capture information about your travel by means of your itinerary in order to send you specific advice about your destination in the form of a Pre-Trip Advisory email. This informative email contains country-specific advice and recommendations on travel, security and medical risks.



## GET IN TOUCH

On a business trip or assignment overseas?

International SOS doctors, security experts and assistance coordinators are available to you 24/7! Contact us any time before your travel or while abroad for medical and security advice, doctor or specialist referrals, or for the latest travel information.

[Click here](#) for a listing of International SOS Global Assistance Centers

WORLDWIDE REACH. HUMAN TOUCH.